

PORLOCK MEDICAL CENTRE
and
PORLOCK PARISH COUNCIL

JOINT STATEMENT ON THE CORONAVIRUS OUTBREAK
(COVID-19)

In the event of anyone suffering Coronavirus symptoms,
a high temperature or coughing continuously,
you should self-isolate for at least a week and look at NHS111 online



Or in an emergency telephone 999

DO NOT VISIT
EITHER THE DUNSTER OR PORLOCK SURGERIES,
THE PHARMACY OR HOSPITAL.

If you tested positive it would result in those premises having to be closed
and deep cleaned.

Avoid planned group activities and follow medical guidelines.

Wash hands regularly in HOT water and soap for twenty seconds.

Regularly wipe down contact surfaces with disinfectant wipes or a weak bleach solution

Most importantly, do not panic - you will be helped.

Follow the guidelines and, if in doubt, telephone the surgery for advice

Porlock Medical Centre: 01643 862575

